



"A Customer First Company" Winter 2009 Edition

Welcome to the Winter 2009 Edition of "On The Move"

Merry Christmas and Happy New Year from the K&K Connections Family! We consider ourselves so blessed to have each and every one of you a part of our vanpool family. We hope everyone has a safe and enjoyable holiday season.



Some Fun Christmas Trivia

We thought it might be fun to start our newsletter a little different this year by posting some Christmas Trivia. Test your knowledge of the holidays and check the end of the newsletter for the answers.

1. The real St. Nicholas was born in what modern-day country?
2. Who narrated the classic 1966 TV special "How the Grinch Stole Christmas"?
3. Rudolph the Red-Nosed Reindeer was created as a promotion for what department store?
4. In the 1965 TV special "A Charlie Brown Christmas", who builds a gray snowman?
5. In "The Twelve Days of Christmas", there are how many drummers drumming?

Questions from www.usefultivia.com

Office Party Etiquette

Don't want to be the person everyone's laughing about on Monday morning? Here are some office party etiquette suggestions you may want to take to heart.

1. Dress Appropriately – OK it's a party but remember it's a company party not a club. Anything short, tight, or revealing should stay in your closet.
2. Act Appropriately - no swearing, no dirty jokes, remember to stay professional at all times.
3. Arrive Early or At Least On Time – Believe it or not your boss takes note of not only who arrives to work late but the person that always gets to the holiday party late as well.
4. Mingle - Take the opportunity to introduce yourselves to others outside your department. Break away from your comfort zone. You never know who may be able help your career.
5. Don't Get Drunk - You do not want to do anything embarrassing that may haunt you forever. Even if your alcohol-induced actions do not get you fired, they could hurt your chances for advancement.
6. Be Friendly---To A Degree - This is an office party. It's not the place to try out your latest pickup lines. That kind of behavior is often seen as sexual harassment. Save your lines for someplace else.



Article taken from: <http://employment.families.com/blog/office-party-etiquette-seven-tips-to-preserve-your-professional-image>



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Do You Have Questions For K&K Connections?

Recently one of our riders suggested we have a Q&A section in the newsletter. This is a great idea and we wanted to suggest that any rider with questions for the K&K staff use the Rider Feedback form located on our website: <http://www.ridek2k.com/Rider-Feedback.html>



If we feel that a question can benefit the entire ridership we will post it in our newsletter. Also, remember anything that you submit will be kept confidential unless you give us permission to use your information.

Thanks to Muriel Gumbs for suggesting the Q&A section.

Feedback from the H1N1 October Article

Many of you continue to be concerned about the spread of the H1N1 virus. We are soliciting best practices of ways you and your vanpool are preventing the spread of this virus. After October's article we received feedback from some of you. Below are some things other vans have suggested we practice to head off the spread of the flu:

1. Spray van with disinfectant spray regularly.
2. Distribute hand sanitizer to all riders.
3. Cough & sneeze into your elbow.
4. Avoid touching eyes, nose or mouth without washing or using hand sanitizer first.

Also, we received a great document from Alicia Kirkton that describes the differences between the swine flu and cold. We are emailing this article to all coordinators to distribute to those interested.

Benefits of Vanpools

We are well aware that all of you have several options when deciding how you will commute to work each day. Based off of your decision to ride with us we know you already know of the wonderful benefits of joining a vanpool. However, as we approach a new year we thought it would be great to remind you of these benefits in hope that you would share them with your friends, coworkers, and family. Here are some reasons why we feel like vanpooling is a great choice:

1. Vanpooling is more flexible than fixed route mass transit like buses and rail.
2. Riders can participate in the RideFinders Emergency Ride Home Program.
3. Riders have the ability to ride on any K&K van just as long as a seat is available.
4. You can save money on gas, maintenance, tolls, parking fees, insurance rates, etc...



5. You will enjoy having one low monthly fee that includes parking, tolls, and gas.
6. Participants enjoy time to rest, relax, or even catch up on work during commute time.
7. Personal vehicles have a reduction of wear and tear caused by daily commuting.
8. Enjoying the flexibility of being able to use Trans Benefit Checks and the SmartBenefit Program.
9. Commuters can participate in the Occasional Rider Program if they do not need to commute on a regular basis.

For more information please refer potential riders to our website www.ridek2k.com or they can contact us at 804-275-3872.



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K&K Safety Corner

This month's safety corner will highlight a safety alert posted by Phyllis Ohree on Tuesday, November 10th in response to an incident in the Wal-Mart parking lot. Below is the bulletin that was sent out:

I wish to bring to your attention that two K&K commuters had their auto hoods and windows trashed with food last Friday at the Wal-Mart parking lot. There also was an attempt made last month to steal one of our riders' hubcaps from same lot. A thin-framed man has been noted walking around the lot picking up trash and when approached he said he was not employed by Wal-Mart.

Remember not to leave anything of value in plain view in your vehicle when leaving it. Although Wal-Mart has cameras strategically placed around the parking lot, PLEASE be vigilante and do not hesitate to report suspicious persons near your vehicle or in the lot.

In remaining safe, ALWAYS BE PRO ACTIVE!

We would like to offer some additional suggestions when leaving your vehicle in any parking lot for an extended period of time. Please take note of the following:

1. Lock your car
2. Be sure to keep valuables out of sight. Take purses, cameras, face-plates and other valuable items with you. If need be put them in the trunk
3. Park only in designated parking areas or well lit areas
4. Remember to turn off your lights, roll up your windows
5. Don't hide spare keys in your vehicle; keep vehicle and house keys on separate rings.
6. Take a look around, under and inside your vehicle before entering.
7. Don't hesitate to report suspicious persons. Do not approach them.

Aggressive Tailgating

Recently we have received information about aggressive tailgating. We just wanted to point out some important safety tips when it comes to tailgating. Remember if you are tailgating you are:



1. Not able to see road conditions ahead effectively.
2. Prone to have a slower reaction time because your view is limited.
3. Giving yourself less space to react to a hazard.
4. Most likely in a hurry or angry this leads to bad decision making.

Safety Alert from the desk of VDOT- Lynchburg District.....

Folks are becoming increasingly cruel these days and this is just the beginning of pangs of distress. With the decline in economy and job losses, we can expect anything. We cannot be too careful.

If you are driving at night and eggs are thrown at your windshield, do not operate the wiper or spray water to try to clean it because eggs mixed with water becomes milky and tend to distort your vision up to 92.5%. This, in turn, forces you to stop along the roadside and possibly become a victim of crime.

This is a new technique used by robbers. Please inform your relatives and friends

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Calling All Fort Belvoir Personnel

As many of you know we have more than one option to get to Fort Belvoir. We wanted to highlight Van 14 and ask all of you for your assistance in getting more riders on this van. Please if you know of anyone who can benefit from riding this van please have them contact us at 804-275-3872 or visit our website www.ridek2k.com for more information.



Coordinator Name: Sharon Evans
Working hours 7:00 AM - 3:30 PM
Departs at 4:30 a.m.

Van #14 Morning Schedule

DEPARTS: Crossing Mall in Hopewell – 4:30 AM
Rivers Bend in Chester – 4:40 AM

ARRIVES: DLA – 6:15 to 6:30 AM
Ft. Belvoir – 6:30 to 6:45 AM

Van #14 Afternoon Schedule

DEPARTS: Ft. Belvoir – 3:30 PM
DLA – 4:00 PM

ARRIVES: Rivers Bend Chester – 5:55 to 6:10 PM
Crossings Mall in Hopewell – 6:15 to 6:30 PM

Contact Us:
Local Phone - 804-275-3872 Fax: 804-275-39 873
Email: info@ridek2k.com

K&K's Newest Vans

We would like to welcome Van #026 and MV#003 to the K&K Family. Below is the schedule for these vans. If you know of anyone who can benefit from riding these vans please have them contact us at 804-275-3872.

Van #026 Coordinator Name: Chris Pierce

Working hours 6:30 a.m. - 3:00 p.m.

Departs at 4:25 a.m.

Van #026 Morning Schedule:

DEPARTS: Homewood Suites back parking lot
Stage Rd and 10 in Chester

ARRIVES: Ft Belvoir(DLA HQ) between 6:05 -
6:20 AM drops off and then
continues to Army CID and arrives by 6:30 AM.

Van #026 Afternoon Schedule:

DEPARTS: Army CID at 2:55 PM – 3:00 PM
picks back up at DLA HQ by 3:10 PM

ARRIVES: Homewood Suites location 5:05 PM -
5:10 PM

MV#003 Coordinator Name: Patrick Carey

Route: Richmond/Atlee to Dahlgren - A Gate

Estimated Start Date: January 4, 2010

MV #003 Morning Schedule:

DEPARTS: Food Lion Parking lot on Sliding Hill
Road 6:15 AM

ARRIVES: Dahlgren: 7:20

MV #003 Afternoon Schedule:

DEPARTS: Dahlgren: 4:00 PM



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We Would Like to Send a Very Special Birthday Greeting To:

November Birthdays:

Melanie Holden	Stephen Morgan
Cindy Norris	Shameka Mallory
Barbee Crook	Dan Hand
Chivhan Ingram	Kendall Manion

December Birthdays:

Keith Trent	James Hayes
Onika Williams	Sharon Evans
Danyale Little	

*If I have missed your name I apologize. Please let me know – owilliams@ridek2k.com.

Welcome To the K&K Family!

K&K Connections, LLC would like to welcome the following riders to the K&K Family. We are excited to have you with us!

Christopher Lucas	Ovalecia Outlaw
Clarence Harrison	Ester Carter
Gopi Chinnareddyvari	Ravi Boregowda
Ronald Moore	Deborah Williams
Rahel Joseph	Anil Sharma
Waun Priest	James Krzcuik
Bob Atluri	LeAnna Stith
Henry Wells	Brittany Brooks
Tiffany Owens	Suzanne McNeish-Bond
Denise Brown	Leonard Brickhouse

*All new riders please email me your birthdates so I can recognize you in future editions of the newsletter.

Answers to the Christmas Trivia

1. Turkey
2. Boris Karloff
3. Montgomery Ward
4. PigPen
5. 12

