



" A Customer First Company "
November 2007 Edition

Welcome to the November Edition of "On The Move."

November is here and we would like to wish all members of the K&K Family a happy and safe Thanksgiving. We hope you continue to enjoy each month's edition of "On The Move".

K&K Connections Coordinators Outing

On Saturday, October 27th K&K Connections, LLC held it's second coordinators outing this year at the Cheesecake Bistro at Stoney Point Fashion Mall. A big thank you to RideFinders for sponsorig this event for us. In addition, we would like to thank Arthelia Gatling from RideFinders for coming and sharing with us on behalf of her organization. This was a great opportunity to meet some new coordinators and enjoy great food and fun with the K&K family. During this event Keith gave updates on what is going on with K&K Connections, LLC. Also, he expressed his appreciation for all of the coordinator's hard work and dedication to making the K&K family a success.



What To Do If You Are Running Late?

Below are a few tips just in case you are running late:

1. Call in advance. Everyone's phone number is included on the Van's roster.
2. Contact RideFinders Emergency Ride Home Program - You must be registered. The ERH Program phone number is 804-643-RIDE.
3. Take AMTRAK - Go to Union Station or the AMTRAK Station in Alexandria and take the train to Richmond. (www.amtrak.com).
4. There is a bus that you can catch in China Town at 715 H. Street NW. The bus cost \$10 - \$12, leaves from DC around 8:30 and arrives at Richmond, VA (910 N Boulevard) at 11 PM. (<http://www.gotobus.com/>).
5. Contact Greyhound. There are two main stops in DC. One at 1005 1ST ST NE - Phone: 202-289-5160

The second is a bus stop at Union Station. However, you can not purchase tickets at Union Station because it is simply a bus stop. Finally, remember typically vans will wait for someone that is late, especially if that person is new to using the vanpool. Usually if a person calls we have a 5 min grace period (this is the exception and not the rule). If a person shows a pattern of being late then that person should have a backup plan for the ride home.

*A big thank you to James Bryant for providing information for this article.

K&K Connections, LLC Safety Corner:

Did you know that "the most dangerous part of the workday for any employee is the time they spend in their vehicle.

- Every 5 seconds a crash occurs.
- Every 10 seconds there is a traffic-related injury.
- Every 12 minutes someone dies in a roadway crash.

Every 5 seconds a crash occurs; many of these incidents occur during the workday. In fact, one in four work-related deaths are due to a traffic-related trauma.

This information is from October's Driver Safety Work Week sponsored by the Network of Employers for Traffic Safety - This years campaign highlighted five key driving mistakes including:

Not buckling your seat belt, being inattentive, following too closely, traveling at improper speeds, ignoring traffic signs and signals, and backing up unsafely.

Last month K&K sent an email out highlighting this campaign and encouraging us all to be mindful of these mistakes.

*Information from <http://www.trafficsafety.org/dsww.asp>



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**We Would Like to Send a Very Special
Birthday Greeting To:**

Sherrod Briggs	Ronald Burnett
Barbee Crook-Williams	Andre Lowman
James Willingham	Kendall Manion
Manuel Rodriguez-Valentin	Michael Dalton
Monique Turner	Samantha Youngblood
Josephine Hanrahan (October Birthday)	

Welcome To The K&K Family!

K&K Connections, LLC would like to welcome the following riders to the K&K Family. We are excited to have you with us!

Lanette Givens	Samantha Youngblood
Roy George	Annabelle Flynn
James Hayes	Antonio Taylor
Christina Perrin	Michael Dalton
Awadriesh Kumar	James Fair
Cecily Hickman	Sherae Mullins
Rob Luning	

Rider Opportunities and Services

If you have information that you would like to share with other riders email your information to k2kconnections@comcast.net. Current opportunities and services include:

Holiday Season Outreach Opportunity

The following opportunity was submitted by Lorraine Meredith. For more information please contact lkm@obpa.usda.gov.

Dear K & K Family, The holiday season is fast approaching and I am sure that most of you are in the midst of planning special meals and purchasing gifts. Christmas is a wonderful time of year; a time of giving and sharing and with this in mind I wonder if you all would like to share some more! In the past I have been involved in the organization of several Christmas Sharing Projects. Typically I have identified individuals or possibly entire families who are in need of assistance. Sometimes gifts have been purchased for children, or perhaps food for a family or in one case heating fuel was prepaid for a family. The point is that in some way the group I worked with shared with someone who was truly in need. I have come up with a few suggestions and would love to hear from you all with your thoughts and/or preferences. Firstly, I have contacted Hope House in Fredericksburg which is a shelter for homeless women and children to see what we as a group could do to help them and their resident families. They have a wish list online that identifies the basic items that they always need but often they have individual needs for specific families also. I spoke with Anita of Hope House and she said that she can provide us with a list of residents

sizes (children and/or mothers) and we could get clothing items for some. Also, she said a food drive for the shelter and or cleaning items are always appreciated and needed. Lastly, she said that she could provide a list of needed household items (pots, pans etc..) that they are always in need of. Secondly, I have spoke with Hanover County Social Services in Ashland, Virginia and spoke with Karen Henley who handles the holiday assistance program. She said that they have many families who have great need and that we would have lots of varying situations to choose from. She was very helpful and said she would help in any way she could. As we only have several weeks to pull this together I will need to get input from you all sooner rather than later. Please email me and let me know if you feel that this is something you wish to be a part of and also what your thoughts are on the direction we should take with this. I will thank you all in advance for taking the time to think this over and possibly participate. It may sound somewhat cliché, but, it truly is better to give than receive. Take care.

Seven Streams Travel & Travel Business Opportunity

Do you like to travel, book travel online, or want to earn commission on the travel of your family and friends? Would you like to own your own home based business, enjoy tax savings, and improve your financial situation? Visit my website at www.TravelBusinessOpportunity.biz to learn more. For more information contact Eric D. Morris, Certified Referring Travel Agent at 540-220-6183.

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